

LADY MARMALADE

Int - Pop

By Christina Aguilera, Lil' Kim, Mya & Pink
From Soundtrack - Moulin Rouge

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Wait: 4 Beats

Sequence: Intro-A-B-C-A-B-C-D-Break 1- E-A-Break 2-A-Break 2-B-C-C-Ending

Intro:

Step Pulls Step(ots) Step Together Step Touch Toe (moving left)

Step Touches Step Touch Step Touch

REPEAT ALL OF ABOVE - OPPOSITE FOOTWORK MOVING RIGHT

Part A:

2 RockArounds DTS Rock/Heel(if) RS(ib) Rock/Heel(if) - turning 1/2 Left
L
DTS Rock/Heel(if) RS(ib) Rock/Heel(if) - turning 1/2 Left
R

Touch Walks Tch/Step Tch/Step Tch/Step Tch/Step (foward - angle toes out when you touch)
L

2 Basics DSRS DSRS (moving back)

Hey Joe DTS DTS Dbl/Bend Rt Knee Kick/Step Step DTS RS RS
L R L R L R L R LR LR

Part B:

Getcha Getcha Dbl/Flap Flap (1/4 Left) Dbl/Flap Flap
L &1 &2 R &1 &2

2 Jump Back & Slaps Jump Back (Left/Right) & Slap Your Booty x 2

DO THE GETCHA GETCHA AND JUMP BACK & SLAPS 2 MORE TIMES TURNING 1/4 LEFT ON EACH -
ON THE 3RD ONE ADD:

Dirty Toes Step Left Over Right and Drag Right Toe Around
Step Right Over Left and Drag Left Toe Around-Turn 1/4 Left To Face Front

Knee Pops Pop Right Knee, Pop Left Knee, Pop Right Knee, Pop Left Knee

Part C:

Marmalade (Hands in air if you want)
DTS Dbl(xif) Dbl(unxif) DTS Stomp Left Foot Forward (no weight) - Shake Booty L-R

DTS Dbl(xif) Dbl(unxif) DTS Stomp Left Foot Forward (no weight)-Snap RT Fingers/Shake Booty

Part D:

Military Turn Step Forward on Left, Touch Rt Toe Beside Left, then:
Touch Right Toe Behind Left and Turn 1/4 Right
Touch Right Toe Behind Left and Turn 1/4 Right
You will end up facing back, drop right heel twice (second time takes weight)

4 Side Rocks RS(ots) Step(xif) RS(ots) Step(xif) RS(ots) Step(xif) RS(ots) Step(xif)
LR L RL RL LR L RL RL
REPEAT ALL OF THIS TO FACE FRONT

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Naomi Fleewood-Pyle

Break 1: 4 Step Touches Moving Back

Part E:

Military Turn Step Forward on Left, Touch Rt Toe Beside Left, then:
Touch Right Toe Behind Left and Turn 1/2 Right
Touch Right Toe Behind Left and Turn 1/24 Right
You will end up facing front, drop right heel twice (second time takes weight)

Getcha Getcha Db/Flap Flap (1/4 Left) Db/Flap Flap Db/Flap Flap
L &1 &2 R &1 &2 L &1 &2

Dirty Toes Step Left Over Right and Drag Right Toe Around
Step Right Over Left and Drag Left Toe Around-Turn 1/4 Left

Knee Pops Pop Right Knee, Pop Left Knee, Pop Right Knee, Pop Left Knee

REPEAT DIRTY TOES AND KNEE POPS 2 MORE TIMES TO END UP FACING FRONT - THEN ADD:

2 Basics and Run DSRs DSRs DTS Db/Run Run Run Run Run Run

Break 2: Raise The Roof Raise The Roof
Chain Right & Left DTS RS RS RS (moving right) DTS RS RS RS (moving left)
L R

Ending:

Vine Chug DTS DTS DTS DTS Db/Heel(ots) Chug DSRs (turn 1/4 left of DSRs)

REPEAT THIS VINE CHUG 3 MORE TIMES-YOU WILL END UP FACING FRONT, THEN..
DO THE VINE CHUG 2 MORE TIMES TURNING 1/2 ON THE DSRs

Getcha Getcha Db/Flap Flap Db/Flap Flap Db/Flap Flap Db/Flap Flap
L &1 &2 R &1 &2 L &1 &2 R &1 &2

Dirty Toes Step Left Over Right and Drag Right Toe Around
Step Right Over Left and Drag Left Toe Around-Turn

Knee Pops Pop Right Knee, Pop Left Knee, Pop Right Knee, Pop Left Knee

Step Backs Step Back(big step) on Left, Touch Right
Step Back(big step) on Right, Touch Left Toe (xif) (Strike a Pose)